

Reality Coach Teleclass Announced

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Today Coach Scott Graham announced the start date the Reality Coach Teleclass. The teleclass forms one of the core required components of the Reality Coaching Credential. The weekly class will begins October 18th and will continue on subsequent Thursdays from 7:00 pm - 8:00 pm.

"We will be exploring the application of Choice Theory to coaching through the book, *Warning: Psychiatry Can be Hazardous to your Mental Health*," says Graham. Each week the course will cover a different aspect of Glasser's psychological model and discuss how it can assist in helping people grow and change. Participants in the teleclass must be registered as users on the Reality Coach website.

"Registered Users who choose to participate in the coursework will be elevated to Student Users before the teleclass," says Graham. Student Users have access to more content on the Reality Coaching website as well as the ability to create their own blog, post to discussion forums and author their own mini-website.

"All components are fairly straightforward in their use but participants should have a basic knowledge of computer applications, email and the Internet," says Graham. "Verification of participation in teleclasses as well as verification that individuals understand the core concepts of Choice Theory is done through blogging, participating in forums and posting documents, audio and video to the Reality Coaching website -- the documents form an e-portfolio of learning that has occurred."

Interested participants should register on the Reality Coaching website and email their interest in participating in the teleclass. Space is limited.